

# **Female Genital Mutilation (FGM)**

# **Safeguarding Fact Sheet:**

FGM is a collective term for all procedures which include the partial or total removal of the external female genital organs or other injury to the female genital organs for non-medical or therapeutic reasons. It is acknowledged that some FGM-practicing families do not see it as an act of abuse. However, FGM has severe significant physical and mental health consequences both in the short and long term, and must not be excused, accepted and condoned. The procedures are more common than most people realise and work is taking place worldwide to eradicate this illegal and dangerous practice.

## Signs and risk factors

- The age at which the procedure takes place may vary from birth to adolescence to just before marriage or during the first pregnancy. The most common age is between 5 and 8 years.
- There may be other girls or women in the family or household that have had the procedure.
- A girl may confide in a friend or teacher of a special ceremony to 'become a woman'.
- Prolonged absence from school or college.
- Reluctance to undergo medical examinations or participate in PE.
- Signs of pain and frequent urinary or menstrual problems.

Requests for help may not be explicit for reasons of fear and embarrassment

### Justifications given for FGM

- Custom and tradition
- > Family Honour
- Hygiene and cleanliness
- Preservation of virginity / chastity
- Social acceptance especially for marriage
- > The mistaken belief that it is a religious requirement
- A sense of helonging to the group and conversely.

  After a procedure

#### **Referral and Assessment**

All practitioners have a duty to act to safeguard girls at risk of FGM and need to consider that it is an illegal act that a girl may be removed from the UK to have the procedure performed. Delay must be avoided.

Referrals of suspected FGM should be made to Children's Social Care and a Strategy Meeting will be called to consider:

- 1. If the family are aware of the harmful aspects of FGM
- 2. If they are aware of the law relating to FGM.

A disclosure that FGM has taken place must be reported immediately to the police for criminal investigation. A multi-agency strategy meeting will consider next steps and actions required.

It is important you still refer even after a procedure has been carried out. Where the procedure has already taken place the information and risks must be assessed and